# What is Hope CDA?

In four words, Hope CDA is "Offering Hope, Building Lives." The Hope CDA Life Transformation Program is a faith-based men's restoration and development program. Our mission is to help men develop their character and work skills for successful re-entry from incarceration or substance abuse treatment back into their local community.

Hope CDA serves those who are looking for a second chance. Hope CDA is one of the most unique organizations of its kind in the country. Helping men leave their past behind, we transform lives and our community at the same time. Our wholistic 12- to 15-month Christian program breaks the fatherless poverty cycle and contributes to revitalizing Cedar Rapids neighborhoods.

## Program Goals

We offer a 12- to 15-month residential program where the men are equipped with relational, spiritual, living, and work skills that prepare them for stable employment and healthy relationships after they graduate from the program. A strong emphasis is placed on finding long-term support and accountability in healthy faith and recovery communities.

Individuals grow within the program by doing life together in one of the Hope CDA community houses and by working together on teams that rehabilitate homes located in the neighborhood near the Hope CDA residential homes, as well as other work activities (for example, lawn care and landscaping). The goal of the program is to help individuals grow in the following areas:

- Spiritually through morning devotionals, church attendance, and bible study
- Occupationally for future employment through construction skills classes and on-the-job training
- Interpersonally through life-skills classes and learning how to thrive in the home and at work

Hope CDA believes that developing a relationship with God, based on the gospel of Jesus Christ, is the basis for personal transformation that leads to a meaningful, healthy, and productive life.

***Our Mission***: *Demonstrate Christ's love by equipping individuals to transform their lives through gainful employment and skillful living.*

Before Applying, you must meet the following requirements:

- Desire for personal change and development.
- Willingness to participate in Christian worship and bible study
- Commitment to 12- to 15-month program.
- Commitment to a drug and alcohol-free environment.
- Commitment to abide by rules that have been established to ensure a safe, healthy, and productive house and work environment
- Not listed on a sex offender registry.
- Not taking certain medications for MAT including suboxone or methadone.
- Ability to perform work assigned, primarily residential construction and seasonal outdoor work including lawn care.
- Participants are not allowed to have a romantic relationship while in the program.
- Participants must participate in a minimum of two recovery meetings per week.
- Participants must have a 12-step sponsor while in the program.
- Participants must select and actively participate in a home church within the community.
- Participants must attend one bible study a week.
- Participants must be willing to submit to regular and random UAs.

Other requirements and restrictions as outlined in the Hope CDA Participant Handbook which will be explained upon acceptance into the program.

## Our Goals

- To show Christ's love.
- To see God change lives.
- To see men lead successful lives free from addiction.
- To provide an environment for God to move.
- To enhance employment opportunities through career training.
- To transform neighborhoods by refurbishing houses.
- To provide housing for low-income families.
- To break the fatherless poverty cycle.
- To help men to become leaders.
- To help men learn how to live successfully, financially, relationally and spiritually.

## If you would like to learn more about the Hope CDA Life Transformation Program, contact:

Dr. Robert Pannier, Executive Director
Hope Community Development Association
842 14th St SE, Cedar Rapids, IA 52403
Rob: (952) 905-1930, Email: Rob.P@HopeCDAcr.org
Program Navigators: (319) 929-3592, ProgramNavigation@HopeCDAcr.org

# Hope CDA Life Transformation Program

| | | |
|---|---|---|
| Last Name: | First Name: | |
| Date of Birth: | | |
| Are You Currently Incarcerated: Y or N | If so, Which Facility: | |
| Street Address: | | |
| City: | State: | Zip Code: |
| Phone 1: | Phone 2: | |

## Why are you interested in the program at Hope CDA?

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## How did you find out about Hope CDA?

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## Substance Abuse History (List Your Drug of Choice First)

| Substance | Age First Used | Date of last use | Treatment (if any) |
|---|---|---|---|
| | | | |

Are you currently taking medication for substance abuse treatment? (e.g. suboxone, methadone, naltrexone) ?

☐ Yes ☐ No

If Yes, what is the medication _____

## Arrests and Incarcerations

Are you currently on a sex offender registry? ☐ Yes ☐ No

List charges made against you starting with most recent

**Note**: *Please be honest about your criminal history. An extensive record does not eliminate consideration for the Hope CDA Life Transformation Program.*

| Charge | Date | Disposition (including jail or prison time served) |
|---|---|---|
| | | |

## Work History

List last five employers starting with the most recent.

| Start Date | End Date | Company | Job Title/Work Description | Reason for Leaving |
|---|---|---|---|---|
| | | | | |

## List all work skills you have. Ex: drywall, computer, cooking

## Spiritual Background

Hope CDA's Work-Life program is faith-based. Applicants are not required to ascribe to any particular belief system. However, participants are required to participate in Christian religious activities.

Briefly describe your spiritual beliefs.

## Who Is God to You?

## Is there any major medical condition that would preclude you from performing construction related tasks? If so, please describe.

**Send the Completed Hope CDA Program Application to:**
**Email: ProgramNavigation@HopeCDAcr.org**
**US Post mail: Program Navigation Staff, 842 14th Street, SE, Cedar Rapids, IA 52403**

(Revised: June 10, 2025)